This is $\mathrm{IAT}_{\mathrm{E}} \mathrm{X}$ based on $\mathrm{T}_{\mathrm{E}} \mathrm{X}$, but $I$ also like to use $\mathrm{X}_{\mathrm{H}} \mathrm{IA}_{\mathrm{E}} \mathrm{X}$ which is based on $\mathrm{X}_{-\mathrm{H}_{\mathrm{E}} \mathrm{T}}$.

