The graph of $f(x)=-x^{2}+7$ is a parabola that opens downward, and is shifted 7 units upward. Because the domain is restricted to $x \leq 0$, we sketch only that part of the parabola that lies to the left of $x=0$ (see the figure on the left). Note that this piece satisfies the horizontal line test, so $f$ is a one-to-one function and its inverse exists. The inverse is found by reflecting the graph of $f$ across the line $y=x$, which produces the graph shown in the figure on the right.



One might surmise from the figure on the right that the equation of the inverse function is $f^{-1}(x)=-\sqrt{-(x-7)}$, but let's use an algebraic approach to verify the result.

